



# A Critical Look at Leininger's Cultural Care Theory

An analysis based on Mills's Model by Maryam Babaei Khomeini, Clinical Supervisor at Mehr Psychiatric Hospital.

# About the Author



**Maryam Babaei Khomeini** is a Clinical Supervisor at Mehr Psychiatric Hospital in Khorramabad, Iran. She holds a BScN in Nursing and has 20 years of experience in various hospital wards, including thorax, epilepsy, emergency, and psychiatry.

An active researcher, Maryam has published several articles in nursing and is a speaker on cultural care.



CONFERENCE DIALOGUE



Richmond Hill College



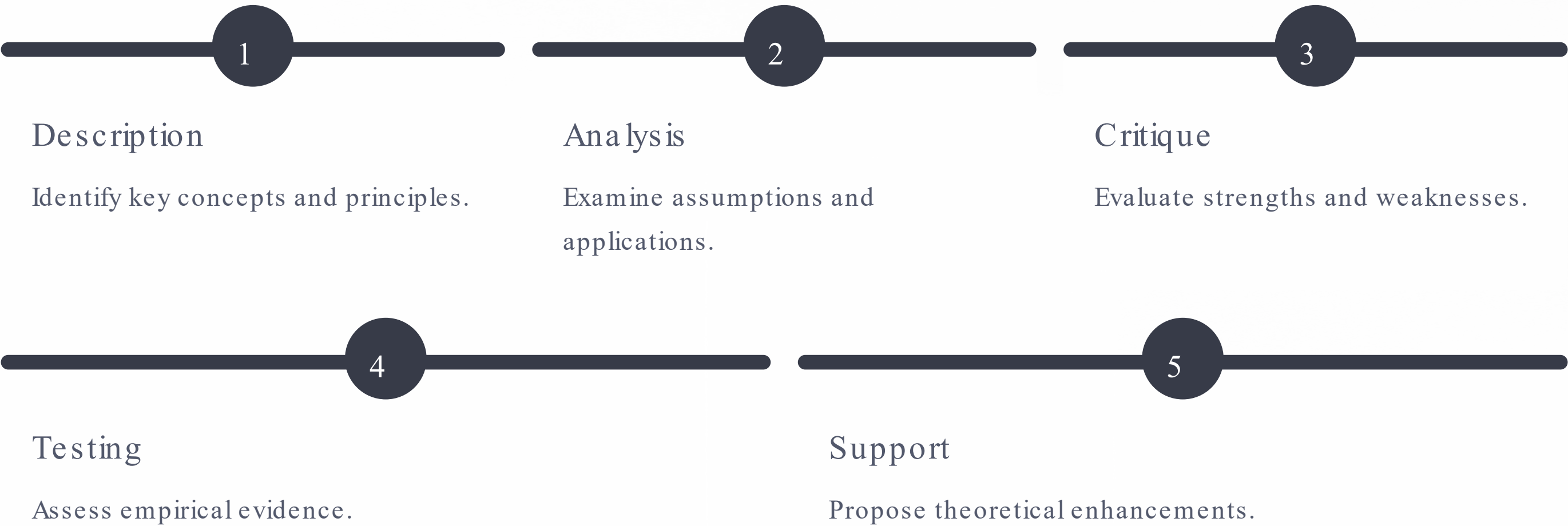
# Introduction to Leininger's Theory

Madeleine Leininger's theory of cultural care is a cornerstone in nursing, emphasizing the cultural context of health and illness. Like any theory, it requires continuous review and criticism to identify strengths and areas for improvement.



# Methodology: Mills's Model

This study employed a theoretical and analytical approach, critically examining Leininger's theory using the Mills model. The process involved a detailed review of key concepts, principles, and applications, focusing on the critique stage of the five-stage Mills framework.



# Strengths of Leininger's Theory



## Simple Concepts

Relatively easy to understand and apply.



## Coherent Structure

Stable principles guide its application.



## High Adaptability

Applicable across diverse cultures and conditions.



## Systematic Approach

Provides a structured way to address cultural care.





# Weaknesses: Complexity of the Sunrise Model

One significant challenge is the complexity of Leininger's Sunrise Model, which can be difficult to fully grasp and implement in practice.



- Intricate interconnections
- Requires deep understanding
- Potential for misinterpretation
- Demands extensive training



# Weaknesses: Resource & Ethical Challenges

Implementation faces hurdles due to lack of training, insufficient resources, and potential cultural conflicts. Ethical issues and social inequalities further complicate its application.

## Training Gaps

Limited educational programs and resources.

## Cultural Conflicts

Potential for misunderstandings and ethical dilemmas.

## Social Inequalities

Impact on equitable implementation of care.

# Weaknesses: Dependence & Coordination

The theory's reliance on technology and the need for extensive financial and human resources pose significant challenges. Additionally, there's often insufficient coordination between international and local organizations.



## Tech Dependence

Challenges related to technological integration.



## Resource Intensive

Requires substantial financial and human capital.



## Poor Coordination

Lack of synergy between global and local efforts.





## Conclusion: Overcoming Barriers

While Leininger's theoretical foundations remain strong, successful implementation demands addressing identified barriers. This includes enriching educational programs and strengthening interdisciplinary collaborations.

# Recommendations for Improvement

01	02	03
Enrich Education	Supportive Infrastructure	Interdisciplinary Collaboration
Develop comprehensive training programs for cultural care.	Provide necessary resources and tools for implementation.	Foster teamwork across various healthcare disciplines.

These efforts will help overcome practical challenges and enhance the theory's impact.